



Windsor Park Community Newspaper



December 2006

Message from the President...

Snow!

I don't know about you, but winter's sudden onset came as a bit of a shock to me this year. I must confess I even ignored my increasingly snow-congested driveway for a day or two. I had been out on my scooter only the day before the snow arrived and was hoping to go out again soon. I am now starting to get somewhat pessimistic about my chances.... Time to start waxing the toboggans, I guess.

All this brings me to a few important points. First, I need to apologize to my mail carrier for being so discourteous in those first days of disbelief, and then to remind us all that we count on each other to keep our sidewalks clear. Aside from legal considerations, it is just plain common sense to keep your walks clear and safe for others to use. All Windsor Park residents benefit from everyone's efforts at sidewalk clearing.

For any who don't know, the City of Edmonton requires that sidewalks be cleared within 48 hours after the snow stops falling. Should a snowbound sidewalk bar your way, you can call the City at 496-3100 to register a complaint. They will investigate and issue a warning notice. If the warning is ignored, a ticket will follow and then a bill, if the City ends up doing the work. The Citizen Action Centre (496-8200), Southeast Edmonton Seniors (468-1985) and the Seniors Association of Greater Edmonton (423-5510 ext 314) can all

link seniors with snow-shovellers who charge reasonable rates.

Windsor Park is very grateful to Michael Frost who so conscientiously clears the community hall's walks for us all.

Mature Neighbourhoods

The City is encouraging developers to infill older, established areas with higher-density developments. Usually, this means the creation of townhouses, multiplexes or other relatively low-impact structures within areas previously zoned RF1 or similar. Unfortunately, there have also been some proposals including highrises of up to thirty stories. In reaction to these inappropriate proposals, the Mature Neighbourhood Action Group (mnag.ca) has been formed, and its mission statement is:

The mission of the Mature Neighbourhoods Action Group (MNAG) is to empower communities to engage the City of Edmonton in identifying, legislating and implementing community-centred, responsible development and restructuring in established neighbourhoods.

The group is ably chaired by Bill Eadie of the Glenora Community League. I am also involved and we hope the group will evolve into a respected, reasoned voice at City Hall.

Lister Hall

It gives me great pleasure to thank the Lister Hall Students Association for all their efforts on our behalf. For the last

two years, they have run a marvelous children's Halloween haunted house at the WPCL hall. Well attended and even more enjoyed, the event is something to look forward to each year. It is great to have so many young people helping out.

Seasonal Fun

Thanks to Melita Allan and other local elves, we will have two holiday events this year: a Carol Sing and a Sleigh Ride.

The Carol Sing will be at the hall on December 17th from 2 to 4 p.m. Many voices blended helps to make even me sound good. Local musicians, with children on the percussive instruments, provide the accompaniment for our singing. We will also be treated to a special story from our own Jennie Frost.

After the program, you'll be able to socialize with your neighbours while enjoying refreshments provided by the Lister Hall students -- did I mention how wonderful they are? It promises to be a great time for young and old, regardless of faith.

The Sleigh Ride will be at the hall on December 30th, from 12 to 4:00 p.m. A horse-drawn sleigh, skating and warm refreshments will make for a fun time for all. Let's put all this snow and cold weather to good use!

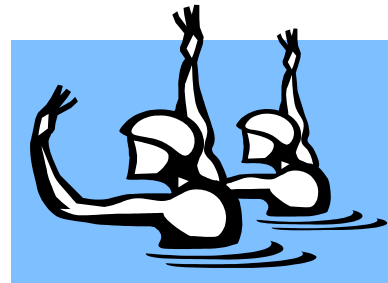
All the best for the holiday season and the New Year to come. Please feel free to contact me with your concerns and comments. My phone number is 433-1270 and my email address is jbcollier@shaw.ca.

*---John Collier, Windsor Park
Community League President*

Holiday Rental in South of France Village

Languedoc area near Montpellier and Mediterranean.
Medieval house or studio apartment.
Self Catering.
From CDN\$350/week for 2 people.
780 433 9602

salliejohnson@shaw.ca



Aquasize with Val

**Monday and Wednesday
9:00 to 10:00 a.m.**

Orientation Aquasize Class
Two weeks beginning January 8, 2007

Main session begins Jan. 22 to April 11

Further information
492 2231 (Campus Recreation)



Everyone is invited to
the

Windsor Park Christmas Carol Party

Sunday December 17, 2 till 4 pm



In the Community League Building

*Carol Singing, live chamber orchestra, story telling,
refreshments*

*Admission Free, Donations to the Food Bank will be
appreciated*

Volunteer musicians who would like to join the orchestra (with one hour of practice just before the concert) are most welcome and should get in touch with Sarah Nyland (433 2211)

Community League Executive



Title / Role	Name	Address	Phone	E-mail
President	John Collier	8620 Sask. Drive	433-1270	jbcollier@shaw.ca
Past President	Edo Nyland	8954 Windsor Rd	433-2211	edo@phys.ualberta.ca
Casino	Ed Holmes	11902 89 Avenue	432-0600	
Vice President	John Wilson	8915-120 Street	432-1042	jaydee.uu@ualberta.ca
Secretary	Ronnene Anderson	8738 117 Street	433-8632	anderpep@telus.net
Treasurer	Guy Woo	11712 Edinboro Rd	432-1885	guywoo@shaw.ca
Building Rental	Ivy Neuhouse		433 2623	
Building Manager	Dave Austen	9023 Sask Drive	439-2612	
Central Area Council	Elaine Solez	8711 Sask. Drive	431-0292	
Eye on Future/Planning	Elaine Solez	8711 Sask. Drive	431-0292	
Landscaping	Marilyn Gaa	9318 Edinboro Rd	432-7660	
Lost & Found Moveable Text Sign	Sheri Samuels		433-3741	
Membership	Sarah Nyland	8954 Windsor Rd	433-2211	
	Robert Gariepy		433-7238	
Neighborhood Watch				
Newsletter Editor	Jean Frost	11626 Edinboro Rd	433 7472	Jean_frost@yahoo.com
Newsletter Dist & Ad Payment	Guy Woo	11712 Edinboro Rd	432-1885	guywoo@shaw.ca
Nursery School	Linda Toal Jody Pantel		433 1377 433 9622	
Parking Program	Janet Sperling	9131 118 Street		
Rink Maintenance	Joe Miller	9247 117 Street	431-1585	
Soccer	Russell Makar		430-1313	rgmakar@shaw.ca
Social	Melita Allan	9308 Edinboro Rd	484-8132	Gregor.allen@telus.com

ELECTRONIC VERSION OF NEWSLETTER

If you wish an electronic copy of the newsletter, please email me and I will attempt to send you a copy:

jean_frost@yahoo.com



CNIB Volunteer Opportunity

Losing your sight can be devastating. Ordinary activities can present extraordinary challenges when you are faced with significant vision loss. CNIB is the primary source of support, information and most importantly, hope, for anyone affected by vision loss.

CNIB is looking for people to work one-to-one with a senior citizen who has vision loss. Did you know that this group makes up the majority of those who come to CNIB for assistance?

This volunteer work could be to act as a "sighted guide", reading correspondence aloud, going shopping together, visiting for a chat and a cup of coffee or driving the individual to a medical appointment or a CNIB activity.

Everyone has something to offer – a friendly voice, a helping hand, a determination to get something done, knowledge of the community, a willingness to give the precious gift of time.

Would you, or someone you know, like to help us? Please contact:
Jane Noonan at CNIB, 453-8325 or
jane.noonan@cnib.ca

Smiles

What do you call an Eskimo cow?
An Eskimoo!

Where do polar bears vote?
At the North Pole

What has 12 legs and two wings but can't fly?
A hockey team.

THANK YOU CANVASSERS!

A heartfelt thanks to all our WPCL membership canvassers for all their work this autumn. There are 55 divisions in Windsor Park and we are very fortunate to have such diligent canvassers and so many residents who give their support by membership and/or by donations. A supportive, interested & involved community can be very effective in discussions with the University of Alberta & the city of Edmonton & surely makes for a healthy community.

Sarah Nyland
Robert Gariepy



THE ALBERTA LEAGUE ENCOURAGING STORYTELLING

COMING EVENTS

Story Cafe on Thursday, December 7,
7:00 - 9:00 p.m. at Rosie's Bar & Grill,
10475 - 80 Avenue, cover charge \$5.00.
Storytellers Stephanie Bengler, Bethany
Ellis, and Renee Englot will tell stories of
Perfect Gifts.

Christmas Tellaround at the City Arts
Centre, 10943 - 84 Ave., 7:45 - 10:00 p.m.
Tell or listen to stories of the season and
enjoy a fingerfood potluck. **All welcome.**
First time attendees free; thereafter \$3.00
helps to pay the rent.

Story Café on Thursday, January 4,
7:00 - 9:00 p.m. at Rosie's Bar & Grill,
10475 - 80 Avenue, cover charge \$5.00.
Stories about *Fresh Starts*.

Info: Jennie Frost 433-2932.

MINKHA



HANDKNIT
PURE
ALPACA

SWEATERS

TRADITIONAL &
CONTEMPORARY
DESIGNS

FOR MEN & WOMEN

*Non profit - all \$ returned to the Minkha women of Bolivia
Now also available in Peruvian Pima Cotton*

SWEATER SALE OPEN HOUSE

Windsor Park Community Hall
11840 – 87 Ave.

Saturday, December 9, 2006
10:00 A.M. to 4:00 P.M.

You are invited to view the quality & artistry of the sweater samples from the
Minkha Women's Knitting Cooperative in Bolivia.

If you choose, you can order a sweater to be custom knit for you or as a gift.

Samples will also be available for direct sale.

Scarves, Hats, Vests, Cardigans, Pullovers, Long Vests, Ponchos, Wraps & Coats

PRICED FROM: \$25.00 - \$250.00

*Here is a wonderful opportunity for "green" and "just" Christmas giving!
ALL of the funds are returned to the talented Bolivian artisans who create
the sweaters.*

*We have the joy of bringing these exquisite garments to you ... so in the
end, everyone is gifted*

*For further info call: Linda Haswell (780) 436-5732 Bev Edwards-Sawatzky (780) 433-
3206 NON-PROFIT REPRESENTATIVES*

www.minkhasweaters.com



The
Estate
House
by Gorman & Koski LLP Barristers & Solicitors

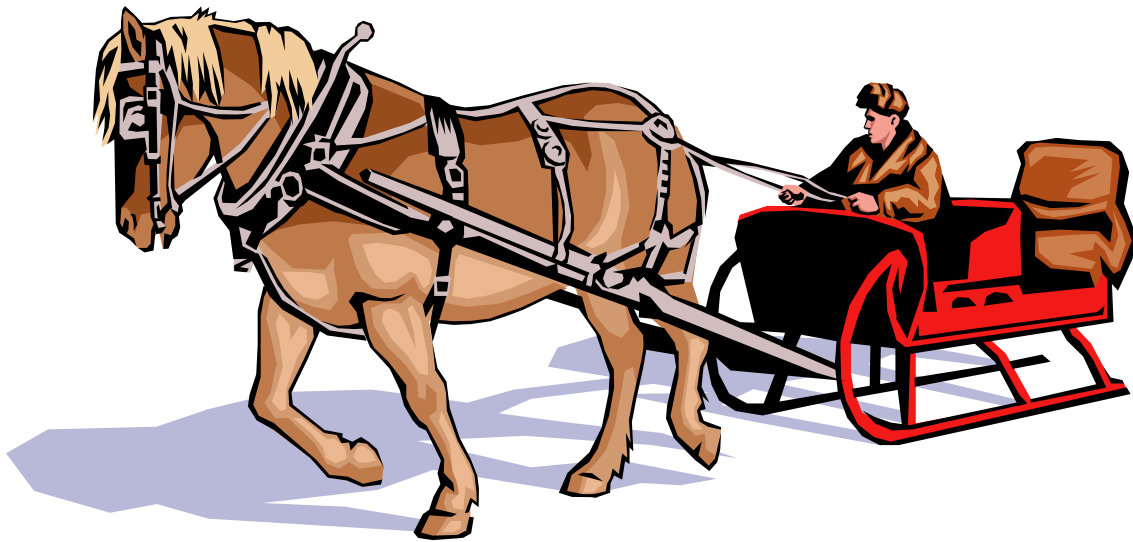
10244 123 street
Edmonton, AB
T5N 1N4
phone 451-7557
fax 451-5075
www.theestatehouse.ca

Season's Greetings
From
The Estate House

The Estate House is a law firm
dedicated to Wills and Estates.

Wills ♦ Estate Planning ♦ Trusts ♦ Estates & Probate

Horse Drawn Sleigh Rides



*Saturday, December 30, 2006
12:00 to 4:00 P M*

Enjoy an old fashioned sleigh ride with beautiful horses harnessed with bells. Come with your family and friends and enjoy a ride around the park and back to the Community League Hall for hot chocolate and goodies.

Please dress warmly and bring your skates, as there will also be family ice skating at our rink. If there is not enough snow, the horses will pull a hay wagon.

The sleigh ride is free for all, so come out and enjoy a wintry afternoon of skating and sleigh riding with your friends, family and neighbours!

If you would like to donate to the Food Bank, your donations will be gratefully received.

Note: If the temperature falls below -20°, there will be no rides.



The Tea Lounge

Come and visit us at 11116 – 82nd Ave. We are located on the corner of 112St and Whyte Ave at College Plaza. We offer free half hour parking vouchers for our customers in the covered parkade.

Steeps – College Plaza is located minutes away from the University and boasts an open friendly atmosphere. Whether you are there for iced or traditional tea, you will feel at home.

We serve up to 200 types of tea. This includes the famous Rooibos, offering 10 times the antioxidant value of Tea. Our Authentic Chai Lattes are always a favorite. We offer light lunches and premium cakes and desserts.

Also available is Matcha Latte; green tea latte that is high in antioxidants and caffeine.

Hours of operation:

Sunday	10:00 a.m. to 11:00 p.m.
Monday-Thursday	7:30 a.m. to 11:00 p.m.
Friday	7:30 a.m. to Midnight
Saturday	10:00 a.m. to Midnight



Beaver Flats

P O T T E R Y

Christmas Sale and Open House

December 1, 2006, 10:00 a.m. to 8:00 p.m.
December 2-3, 2006, 11:00 a.m. to 5:00 p.m.
December 4-7, 2006 10:00 a.m. to 6:00 p.m.

Great selection of our new *FLAME PROOF* ware (you can use it on the stove top).

Lots of Special items made just for this event.

Spend over \$100 and save 15%, spend over \$200 and save 20% on regular price items. Lots of sale items at discounts of 10% to 50%

Beaver Flats Pottery Ltd.

7609 115 St., Rear

Edmonton AB

437-5254

info@pottery.ab.ca



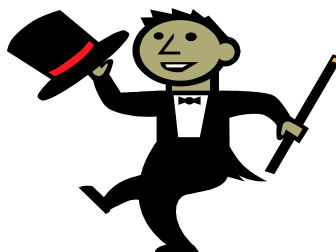
Windsor Park Talent Show

**Windsor Park Community League Hall
Saturday, February 3, 2007
4:00 p.m.**

Do you have a hidden talent that you'd like to expose? Play a musical instrument? Juggle? Dance? Recite a poem or story? Windsor Park is having a talent show for all ages. Everyone in the community is welcome to participate. If you don't wish to perform, come to watch and enjoy some refreshments!

Submit talent entries by Jan. 27, to:
Shannon Rabuka 438-0922
srabuka@mac.com

Admission is free. A small donation can be made to the Windsor Park preschool, if you choose.





**University Acupuncture & Herbal
Therapy Centre**

Do you know? The acute stage of frozen shoulder can be cured in 10 days instead of suffering for years. We've done it many times!

After being educated in *Shanghai TC Medical University* & with 22 years clinical practice experience, *our unique formulas & methods* give our thousands of patients surprising satisfaction.

♦ Here are a few of the many comments:

1) "My mother had constant coughing bronchitis over 6 months, & drugs after drugs but nothing worked until Dr. Chen cured her." **Researcher of U of A Ms. A**

2) "I had constant shoulder & back pain for 5 years since the car accident until I had 4 treatments from you. It's really amazing!"—Miss. A **student of U of A**

3) "I had suffered 4 years with bad back pain which sent me twice to the emergency service until you Dr. He gave it a proper diagnosis, and your treatments put me back to golf!"—**Family MD Dr. A**

4) "All the patients including my wife, I referred you to, were satisfied!"— **Sports Medicine Clinic Physiotherapist Mr. B**

We've great success with the following:

frozen shoulder sciatica/arthritis,
tendonitis/bursitis fibromyalgia

migraine/stress insomnia/fatigue
allergies/sinusitis menopause/PMS

prostatism/cystitis high cholesterol
Chronic gastroenteritis & bronchitis,

side-effects of chemo/radiation therapy
Any pains & more...

to check if our treatments are suited for your conditions. **Please call:**

Dr. Cheng & Dr. He, TCMD, R.Ac. R.MT
238-5710 or 432-4157
Suite 606 College Plaza
8215-112 St. U of A

Best Wishes and Enjoy the Magic of the Season

Councillor Jane Batty

Ward Four

Phone: 496-8140
Fax: 496-8113
Email: jane.batty@edmonton.ca



Windsor Parkite, Margaret-Ann Armour joins the Order of Canada



Dr. Margaret-Ann Armour's e-mail has been flooded with congratulations since Gov. Gen. Michaëlle Jean announced the University of Alberta professor is among the 77 people named to the Order of Canada this week.

Armour, the associate dean of Science (Diversity), is a founding member and former Vice-chair and Convenor of Women in Scholarship, Engineering, Science and Technology (WISEST), a position she held for over 20 years. Often touted as Canada's premier ambassador of science, she has worked tirelessly through WISEST to encourage young people, especially young women, to consider careers in the sciences and engineering through numerous community outreach programs.

"It is very special for me to be recognized in this way by my adopted country," said Armour, who hails from Scotland and became a Canadian citizen last year.

Established in 1967 to recognize outstanding achievement and service in various fields of endeavour, the Order of Canada is the nation's highest honour for lifetime achievement. The Order of Canada's motto is *Desiderantes meliorem patriam* - 'They desire a better country.'

"I can't think of a better way of building a better Canada than helping direct young women into careers that

they might otherwise not have thought of - careers in science, technology and engineering," said Bill McBlain, U of A associate VP (Research). "My first reaction to this announcement is that it is an extremely, unquestionably deserving award."

Armour's contributions to the science and technology communities have been recognized with numerous national and international awards. These include the Montreal Medal from the Canadian Chemical Institute; the American Chemical Society Award for Encouraging Women into the Chemical Sciences; a 3M Teaching Fellowship; the Macleans Honour Roll of 10 Canadians Who Are Making A Difference; and one of 100 Edmontonians of the Century.

While Armour said that each award has been special in its own way, she added "this one is extraordinary because it recognizes a wide range of individuals, not only scientists, who have made a difference."

But Grace Ennis, the current coordinator of the WISEST program, said the recognition for Armour also goes beyond the realm of science.

"First of all, she has the patience of a saint," said Ennis. "WISEST was just a very small seed of an idea and it has taken a lot of nurturing to turn it into this full, mature tree that is bearing so much fruit. But Dr. Armour is a woman who has contributed in so many ways to a variety of groups. I've seen her approached in airports by her students who say, 'I remember when I was in your class and you helped me sort out what I needed to do.' I've seen the pure rapture of Grade 6 girls who are discovering science and the way Margaret-Ann can hold a conference room full of them in the palm of her hand. She has a way of listening to who you are."

--University of Alberta, Express News Staff

Playschool News



The Windsor Park Co-op Playschool offers two morning programs:

- ◆ 3-year-olds on Tuesdays and Thursdays.
- ◆ 4-year-olds on Mondays, Wednesdays and Fridays.

Our teacher has an ECE degree, and our emphasis is on learning through play, with seasonal themes, topics like health, safety, and nature, and related field trips.

For more information, call 429 3356.

Next Community League Meeting

The Windsor Park Community League Executive will next meet on **January 16 and February 20, 2007** at 7:30 p.m. in the Community League building. Community members are welcome to attend.

Notice to Advertisers

Are you a Community League member? Windsor Park members can advertise personal items, such as garage sales, music lessons, babysitting services, etc. **FREE** in this Newsletter.



For Sale 9031 – Saskatchewan Drive

Architect-designed (George Lord) house in quiet location on Saskatchewan Dr. 5 bedrooms, family room, library, studio, MSB kitchen, 2 fireplaces, sauna, 3,600 square feet.

<http://members.shaw.ca/Windsor.Park.House>

Viewing by appointment only.
Contact Elizabeth 433-3782 or
elizabeth.richards@ualberta.ca

Do you have a business, product or service you would like to advertise in this Newsletter? Advertise your messages to Windsor Park residents at very competitive rates: *Full page: \$60, Half: \$30.00, Third: \$22.50, Quarter: \$15.00*

Payment is required prior to the monthly production deadline of every 3rd Friday. Cheques can be sent directly to the League treasurer, Guy Woo.

To place an ad please contact
Jean 433 7472
Jean_frost@yahoo.com.

Newsletter Deadline

We welcome your articles & news! The deadline for newsletter submissions is January 19, 2007. Forward your submission by e-mail to jean_frost@yahoo.com or deliver the material to Jean Frost (433 7472).