

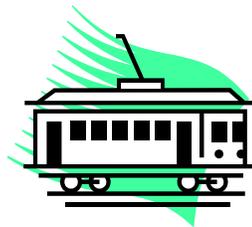
Windsor Park Community Newsletter



April 2004

The City of Edmonton's administration is proposing to decommission Edmonton's trolley bus system this summer. The main issue seems to be that our trolley buses are aging and are costly to replace.

Nearly 50 communities in the older parts of the city and downtown are served by the trolley buses. Replacement by diesel will have a negative impact because the trolley buses are significantly quieter and do not increase street-level pollution emissions. In addition, many Edmontonians consider the trolley system to be part of our heritage.



A study commissioned by the city's Asset Management department supports replacing trolley buses with diesel buses. However, the study downplayed the positive aspects of the trolley system and over-emphasized negative factors, such as higher costs for trolley bus operation and replacement. The study does not mention that there would be a lower cost of purchasing new low-floor trolleys if Edmonton piggy-backed on Vancouver's current large order of such buses.

The study also overstated positive aspects of the diesel system, such the requirement that buses operating after 2007 will need to meet higher emission control standards. What it did not mention is that the city's diesel bus replacement program will already be 80% complete by 2008, before these stricter standards are in force. In addition, while the study acknowledges the trolley system's contribution to pollution outside the Edmonton area from coal-fired power plants, it does not acknowledge the greater impact of diesel emissions on city streets. It also omits the fact that we will soon benefit from cleaner technology for burning coal as well as diesel.



In short, the City administration has not looked at retaining trolley-bus operations; it has only looked at the costs, savings, and administrative benefits associated with eliminating them.

But trolley buses do not conflict with newer, high-speed bus routes. They serve older neighborhoods within the city whereas the newer bus routes are primarily designed to service more suburban areas.

Moreover, the trolley system is an infrastructure asset to the city worth an estimated \$73 million (est. 2002), including recent multi-million dollar investments such as the Rosedale sub-station. Electric transport provides security against future oil price hikes, and Environment Minister David Anderson stated on March 18 that he expects oil prices to topple \$100/barrel in the near future.



The Edmonton Federation of Community Leagues is urging the city to examine retaining the trolley bus system and to consider more objective information on the bus system in general. In addition, a motion was passed at the last Windsor Park Community League Executive meeting opposing the decommissioning of the trolley system and urging residents to participate in upcoming public consultations.

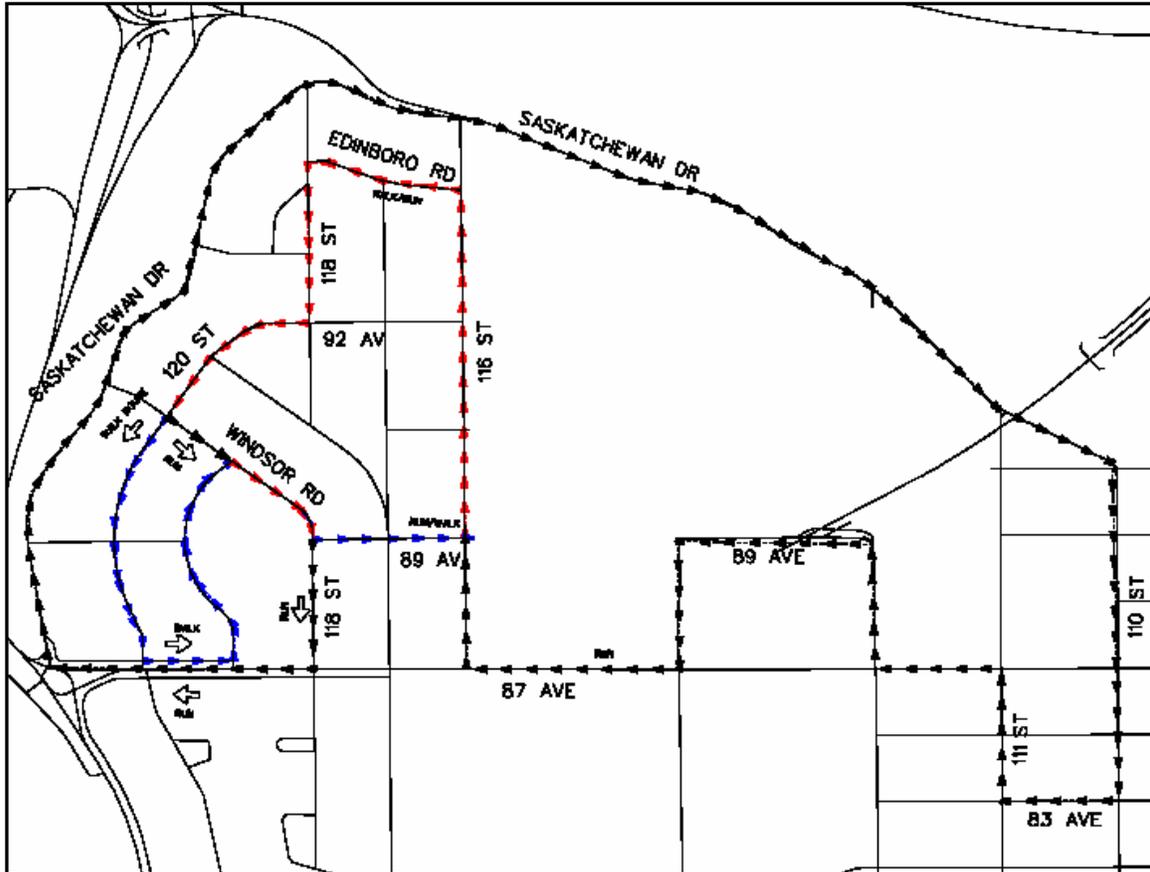
---Elaine Solez & Nicholette Anand

 <p>Tea Lounge</p>	<p><i>Steeps – College Plaza</i> <i>11116 – 82 Ave</i> <i>ph. 988-2386</i> <i>Free ½ hr indoor parking</i></p>
<p><i>Come and look at our Tea selection. Serving over 200 types of Tea and a great selection of deserts. We have White Tea, Green Tea, Oolongs, Blacks, Herbal, Maté, and the very famous Rooibos (the largest selection in Alberta).</i></p> <p><i>"White Tea is the purest Tea that one can possibly drink. It has the most anti-oxidants of all the Teas. Steeps has a selection of four White Teas. Come and try the Leopard Snow Bud, White Monkey Paw, Peony White Needle, or the Pai Mu Tan. When on Whyte Ave, drink White Tea."</i></p> <p><i>--SSC (Steeps College Plaza Owner)</i></p> <p><i>Come to Steeps and realize the true value of a well Steeped Tea, traditional or iced.</i></p>	<p><u><i>March Special Events</i></u></p> <p><i>Spring Poetry Reading – www.strollofpoets.com</i> <i>Six days of Poetry at Steeps.</i></p> <p><i>Steeps Folk Music Concert Series Continues – come visit for our schedule. This has become the jewel of folk music, with a very elite group of musicians playing at Steeps.</i></p> <p><i>Tea Leaf Readings by Anita – every Tuesday evening by appointment only.</i></p> <p>Hours of operation: <i>Sunday to Thursday: 10:00 am to 11:00 pm</i> <i>Friday & Saturday: 10:00 am to midnight</i></p>

The Great Human Race

On May 10, the Great Human Race will be going through Windsor Park neighborhood again. The map below shows the routes planned for both the 3k and 8k walk/race.

For further information, please go to <http://www.greathumanrace.com/htm/reg.htm>.

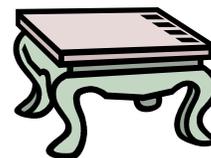


Furnished House for Rent

We are off on sabbatical in the fall and would like to rent our home to a non-smoking family while we are away (September 2004-May 2005). It is a three-bedroom bungalow on 120 Street in Windsor Park, with a garden and developed basement. Please call Carla at 434-0656 or send an e-mail to cspinola@shaw.ca.

Oak Table for Sale

Solid oak dining table with 4 solid oak chairs, excellent condition, 7' x 4'. Can also be used as an office desk or conference table. Call Robert at 990-8310. \$980.



PHARMACY CORNER

Pharmacist: Peter Mack

Windsor Park Guardian Prescription Center

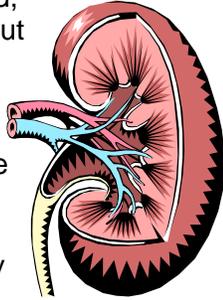
Phone: 433-6636

Fax: 439-3761

A *Stony Issue*

Your kidneys filter all kinds of waste products out of the blood, which are then carried out of the body by urine.

These waste products include mineral salts, which can build up in the kidneys and eventually create a stone. These stones are then painfully passed through your urinary tract. Ouch!



Some people are predisposed to developing kidney stones. Medication prescribed by your doctor can help prevent a recurrence if you've already had stones, but in the meantime, you can help to reduce your chances of developing kidney stones if you are predisposed by:

- drinking at least eight glasses of water or other fluids (excluding alcohol or caffeine) per day, provided you're not on a fluid-restricted diet due to another medical condition
- avoiding crash diets that can increase the level of uric acid, which promotes kidney stones in some patients
- cutting back on salt (to no more than 2.5gm/day) and limiting calcium intake to no more than 1gm/day; this will reduce calcium concentrations in the urine and the possibility of forming calcium oxalate stones, which are the most common type of kidney stones

- avoiding foods high in oxalates, such as peanuts, chocolate, celery, beets and spinach.

---Article courtesy of *Pharmacy Practice*, a professional journal---



Live in Concert

ViVACE Palm Court Project

- ◆ 8:00pm Saturday, May 15
- ◆ Windsor Park Community Centre, 11840-87 Avenue
- ◆ Admission: \$20 / \$16 students & seniors.
- ◆ Refreshments are included

ViVACE is a quartet of flute and strings that presents a very popular series of concerts at St. George's Anglican Church. For this concert they are moving across the street to the Windsor Park Community Centre to present an intimate cabaret-style concert of popular classics and classic pop music ranging from the 1890's to the 1930's. Included on the program are popular classics by composers such as Bizet and Sarasat, and classic pops by Irving Berlin, George Gershwin, Scot Joplin, and others.

ViVACE members are:

- ◆ Kathleen Schoen - flute
- ◆ Thomas Schoen - violin
- ◆ Marian Moody - viola
- ◆ Diana Nuttall - 'cello

With special guest artist:

- ◆ Karen McNaughton - piano





Feeling burdened?

Are you looking for something enduring, to give you the strength of spirit to help you cope with whatever life throws in your way? Come to church this Easter to find your burdens lifted.

St George's Anglican Church
11733 – 87 Ave. Phone 439-1470
stgeorges@telus.net
Worship: 8 a.m. and 10 a.m.

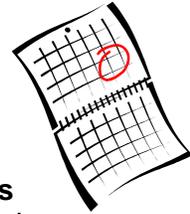
For information on special services for Holy Week and Easter, please call us.

Calling All Windsor Park School Alumni

If you went to Windsor Park School, we'd like to send you a special invitation to the school's **50th anniversary party** on Friday, May 7 in the afternoon. Please send your name, address, and e-mail address to Margaret Rolf at dmrolf@shaw.ca and let Margaret know what years you attended Windsor Park School.

Also, if any of your family or friends went to Windsor Park School, please send their contact information to Margaret, so that she can add them to the invitation list. Information can also be dropped off at the school office.

Mark Saturday, May 1 on Your Calendar!



Books, Baking & Bargains

St. George's Anglican Church, 11733 - 87 Avenue, will hold its very popular annual **Books, Baking, & Bargains Sale** from **9am to 2pm**. Over 1500 second-hand books will be available. Admission is free. We will gladly accept books or "gently used" white elephants for sale. To donate, please call the church at 439-1470.

Bottle Drive

On Saturday, May 1 the community Playschool will hold its annual bottle drive. Please hold onto your bottles and returnables to help support our local playschool. If you have a bottle "emergency" before then, call John Collier at 433-1270.

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Promote community spirit on your street! Organize a Block Party!

Have you ever wanted to know your neighbors a little better? Would it make your neighborhood feel safer and friendlier if you knew everyone who lived on your block? Then why not organize a block party and make it all happen!

Want some ideas on how to set it up?

You can either download a **block party information kit** from the City of Edmonton website (www.edmonton.ca).

Or bring a friend and attend Community Services' free **Block Party workshop**:

Date: Monday, April 26 2004

Time: 7:00 - 8:30 pm

Location: City Arts Centre - 10943 84 Ave

Registrations are through the South Service Area: 496-5858.

Call early as space is limited!

Keep it Simple, Make it Fun, Enjoy the Rewards...
...by getting to know your Neighbors!

Puma Soccer Cleats for Sale

One pair of children's PUMA soccer cleats, size 6. Worn only twice. Asking \$10. Call David at 433-3782.



Dining Suite for Sale

Medium oak dining table, oval, with 4 chairs & 2 leaves, in very good condition. Asking \$200 OBO. Please call 989-5618.



Seeking a Respite Caregiver

We are looking for a special person to provide respite/babysitting for our treasured 3-year-old child with special needs.

The successful candidate would ideally have experience working with children and disabilities, have first aid/CPR, and be willing to incorporate therapy into our child's playtime.

A total of 5-8 hours/week, usually 1 weekday & 1 weekend daytime shift. Send a cover letter and resume to anand3@shaw.ca.



UNIVERSITY OF ALBERTA

New Turf for Lister Field

Dear Neighbors,

This spring the Lister Field (space located south of the Lister Centre Complex) is going to receive a much-needed facelift. The old artificial turf (installed in 1988) will be replaced with a 'state-of-the-art' rubber in-fill surface called Field Turf.

Two years ago, the Recreation Action Committee (RAC), made up of student representatives from all program areas of Campus Recreation, recognized the need to replace the turf at Lister Field. The field, which measures 86 metres long and 72 metres wide, had a sand-based surface that tended to leave players raw and sore when they took a tumble. The abrasive nature of the sand in-fill plus the pulling apart of seams made it absolutely necessary to 'fix things up'.

The new turf, being much more user friendly, will now provide even more opportunities for university program use (recreation and activity classes, plus club use) and community groups.

Work on Lister Field will begin approximately April 20 and is expected to wrap up by mid-June, with the field ready for use by July 1.

If you have questions or concerns, please contact Emily Rowan at 492-3024.

Office of Public Affairs
689 General Services Building
University of Alberta
Edmonton, AB
T6G 2H1
Phone: (780) 492-3024
Fax: (780) 492-2997

Playschool Reminder



The Windsor Park Co-op Playschool offers two morning programs:

- ◆ 3-year-olds on Tuesdays and Thursdays.
- ◆ 4-year-olds on Mondays, Wednesdays and Fridays.

Our teacher has an ECE degree, and our emphasis is on learning through play, with seasonal themes, topics like health, safety, and nature, and related field trips.

For more information, call John Collier at 433-1270.

Don't forget the bottle drive on May 1!



Next Community League Meeting

The Windsor Park Community League Executive will next meet on **April 20th @ 7:30 p.m.** in the Community League building. Community members are welcome to attend.

Notice to Advertisers

Are you a Community League member? Windsor Park members can take out a **FREE** quarter-page ad in this newsletter for personal items, such as garage sales, music lessons, etc.

Do you have a business, product or service you would like to advertise? Get your message out to Windsor Park residents in this newsletter at very competitive rates:

Full page: \$60, Half: \$30.00, Third: \$22.50, Quarter: \$15.00

Send your cheque directly to the WPCL treasurer, Guy Woo, at 11712 Edinboro Road, T6G 1Z8.

Send your ad to the WPCL newsletter editor, Nicholette Anand. Details below...



Newsletter Deadline

Do you have news about our community? We welcome your articles! The deadline for newsletter submissions is the **3rd Friday of each month**. Forward your submission by e-mail to anand3@shaw.ca or deliver the material on disk to Nicholette Anand (436-3143).

